

SUSAN PHEBY SCHOOL OF DANCE

DANCERS GUIDELINES FOR RETURNING TO CLASS

Do not come to class if you feel unwell, especially if you have a high temperature, a new continuous cough or a loss of taste or smell. You should not attend if you are isolating for 14 days from being in contact with someone who has had a positive Covid 19 test, or you have returned from holiday from somewhere on the quarantine list and need to self-isolate.

Make sure you arrive for class in your dance clothes, as the changing rooms are not in use, only bring what you need in a small bag, and a water bottle (which must not be shared).

Face masks (6 years and above) must be worn on entering Rivermead Leisure Complex and dancers must not remove them until entering the dance studio.

Hand sanitiser should be used on entering reception, ideally bring your own. There will be hand sanitiser at the bottom and top of the stairs.

Parents can take you to the area at the bottom of the stairs you will queue on the floor markings and wait. Please use hand sanitizer before you go upstairs. The previous class will depart before you make your way up the stairs. On the landing there are other markings where you will put your belongings, outdoor shoes, small bag for kit etc. Please wear your dance hoodie until you are warmed up, as we have to have the big door open for ventilation. Once you are warm you will put your hoodie with your belongings. Adult dancers please contact me for your procedure.

Dancers will have their temperature taken after which they may then remove their face mask and enter the dance studio, this will be done one at a time moving to a designated socially distanced marker. These will be placed on the floor of the studio to show the dancers where to stand and will be for all dance work including barre work. Dancers must not chatter or get too close to one another. Anyone who proves unable to keep to procedure will be asked to leave.

At the end of the class dancers will hand sanitise, put on their face mask, collect their belongings and depart. At busy changeovers we will be using a one-way system, parents will be informed where to collect their child.

If you do need to use the toilet, please ensure you wash your hands and use hand sanitiser before coming back to class.

Dance classes can only continue if everyone sticks to the rules, please let me know if you think anyone in your group (bubble) has not taken notice of what I need you all to do.

Welcome back to dance!